

Inaugural meeting of FFN Greece

focused on:

“Working together to capture fragility fractures-Introduction to FFN philosophy”

Athens, March 17th 2018

Venue: Hall “I. Drakopoulos”, University of Athens (30 Panepistimiou Street, Athens)

Official language: Greek (slides in English)

Formal guests:

Paolo Falaschi (President of FFN Global)

David Marsh (General Secretary of FFN Global)

Scientific committee:

President: Elias Panagiotopoulos

Members: Athanasios Benetos

Xanthi Michail

Georgia Kostopanagiotou

Gregorios Voyagis

Christos Lionis

Konstantinos Stroumpoulis

Angeliki Galata

Maria Zafiropoulou

Demi Patsios

Theodore Tosounidis

George Drosos

Organizing committee:

President: Angeliki Galata

Members: Eleftheria Antoniadou

Alexandros Tzanos

Konstantinos Stolakis

Sofia Papanikolaou

Christoforos Pazaridis

Christina Grigoropoulou

Friderikos Galanis

Konstantinos Chalkiopoulos

Eugenia Gintoni

Dear partners,

We welcome you to the inaugural meeting to finalize the framework for the organization and operation of the Fragility Fracture Network – Greece (FFN Greece).

Our efforts are inspired by the principles of FFN Global, with the aim of creating a network of quality health services of interdisciplinary nature in Greece, which will deal with organizational issues (recording, organization, education, networking etc.), as well as making proposals based on improving quality of life and taking a holistic approach to the prevention and management of patients with fragility fractures.

I'd like to thank each of you for attending our meeting and bringing your expertise and enthusiasm to our gathering. You are truly our greatest asset today and tomorrow, and we could not accomplish what we envisage for the future without your support and leadership. Throughout this meeting, I call on you to stay engaged, keep us proactive and help us shape the future of FFN Greece together.

My thanks go out to all of you.

Yours sincerely,

Elias Panagiotopoulos

SATURDAY 17/03/2018

08.00-09.00: REGISTRATIONS

09.00-10.00: INTRODUCTION

Chairpersons: D. Marsh, E. Panagiotopoulos

- "Welcome address" E. Panagiotopoulos
- "Global FFN Concept" D. Marsh
- "Why FFN Greece" E. Panagiotopoulos
- "Greece's Itinerary" G. Lyritis

10.00-11.00: A. Round Table: "Optimization of orthogeriatric patient"

Chairpersons: E. Panagiotopoulos, G. Voyagis

- "Preoperative orthogeriatric management" P. Falaschi
- "Anaesthetist's preoperative evaluation" A. Makris

11.00-11.30: Coffee break

11.30-12.30: B. Round Table: "Surgical Management of Hip fractures - Evidence Today"

Chairpersons: G. Kostopanagiotou, I. Michos

- "Intra-capsular fractures" T. Tosounidis
- "Extra-capsular fractures" G. Drosos
- "Anaesthetist's role in postoperative management" G. Voyagis

12.30-13.30: C. Round Table: "Acute care and Rehabilitation care for HF"

Chairpersons: N. Roussos, P. Sourtzi

- "Postoperative orthogeriatric management" P. Falaschi
- "Rehabilitation during hospitalization" A. Galata
- "Nursing care" P. Copanitsanou

13.30-14.15: Lunch break

14.15-15.30: General assembly

15.30-16.45: D. Round Table: "Secondary prevention of new fragility fracture"

Chairpersons: A. Benetos, X. Michail

- "Why secondary prevention is important?" D. Marsh
- "Polypharmacy" G. Soulis
- "Nutrition" I. Tzanetakou
- "Exercise & fall prevention" V. Sakellari

16.45-18.15: E. Round Table: "Changing policy in the provision of services for fragility- FLS"

Chairpersons: C. Lionis, D. Kardamakis

- "We need data - registry" D. Marsh
- "First FLS experience in Greece" A. Mari
- "The role of GPs in establishing FLS" C. Lionis
- "Pts's expectations from FLS" M. Zafiropoulou
- "European projects- Advantage example" El. Antoniadou

18.15: Summary - Closing remarks: D. Marsh, E. Panagiotopoulos

Chairpersons/ Lecturers

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| Antoniadou Eleftheria | PRM specialist, Consultant, Rehabilitation Department, Patras University Hospital |
| Benetos Athanasios | Professor of Geriatric Medicine, University Hospital of Nancy, President of E.U.G.M.S., President of HE.S.S.R.A. |
| Copanitsanou Panagiota | Nurse, MSc, RN, BSc, MSc, PhD |
| Drosos George | Associate Professor of Orthopaedics, Democritus University of Thrace |
| Falaschi Paolo | Professor of Internal Medicine and Geriatrics, Rome's "Sapienza" State University, President of FFN Global |
| Galata Angeliki | PRM specialist, Research fellow of Patras University |
| Kardamakis Dimitrios | Professor, Radiation Oncology, University of Patras Medical School, Greece |
| Kostopanagiotou Georgia | Professor of Anesthesiology, Medical School, National & Kapodistrian University of Athens, Director of 2 nd University Department of Anesthesiology at ATTIKON University Hospital |
| Lionis Christos | Professor of General Practice and Primary Health Care, Faculty of Medicine, University of Crete |
| Lyritis George | Emeritus Professor of Orthopedics, Faculty of Medicine, University of Athens, President of Hellenic Osteoporosis Foundation (HELIOS) |
| Makris Alexandros | Anesthesiologist, Consultant, "Asklepieion of Voula" Hospital |
| Mari Andriana | Internal medicine specialist, Consultant of 251 General Hospital of Air Force |
| Marsh David | Emeritus Professor of Orthopaedics, UCL, General Secretary of FFN Global |
| Michail Xanthi | President of European Academy of Rehabilitation Medicine, Emeritus Professor of Rehabilitation Medicine |
| Michos Ioannis | Orthopaedic surgeon, Director of 4 th Orthopaedic Department, "Asklipieion of Voula" Hospital, Athens |
| Panagiotopoulos Elias | Professor of Orthopaedics, Patras University Hospital |
| Roussos Nikolaos | PRM specialist, Director of Rehabilitation Department in General Hospital "Asklipieion of Voula", President of Hellenic Society of Greek PRM |
| Sakellari Vassiliki | Professor of Physiotherapy, Technological Education Institute of Sterea Ellada, Regular Member of Hellenic Foundation for Research and Innovation General Assembly |
| Soulis George | Geriatrician MD, PhD, 2 nd Vice President of HE.S.S.R.A. |
| Tosounidis Theodore | Assistant Professor of Orthopaedic Surgery, School of Medicine, University of Crete |
| Tzanetakou Irimi | Dietician |
| Volikas Kimon | Special Pathologist, Professor of Geriatrics, Elderly Health Care Unit "AKTIOS" |
| Voyagis Gregorios | Consultant; Director of Department of Anesthesia, Postoperative ICU & Pain Relief Care, "Sotiria" Chest Diseases Hospital; Athens, Greece |
| Zafiropoulou Maria | Lawyer, Gerontologist, Deputy Director of General Hospital of Patras "Ag. Andreas" |